## Patient Information

## **Euflexxa®**



#### Please remember:

To bring any previous scans or reports with you to assist our radiologists in understanding your medical history fully. Additionally, we accept any referral. Should you have any questions or need further assistance regarding your appointment, feel free to reach out to us at (03) 9087 2120.

### Heidelberg Frankston

# Interconnect IMAGING

#### Interventional Pain Management with Euflexxa ®

Hyaluronic acid (HA), is a substance found in normal synovial joint fluid. It helps lubricate the joint. When you have osteoarthritis, the HA in your joints becomes lower in weight and therefore less effective.

Euflexxa is a Hyaluronic acid that is injected directly into your joints. Euflexxa can be used in the knee, hip, ankle and foot, as well as the shoulder, elbow, wrist and base of thumb. It replenishes HA helping with the lubrication and shock absorption you need within joints.

#### Benefits include:

- Anti-inflammatory Actions.
- Lubrication & shock absorption.
- Analgesic Properties.
- Stimulation of Normal Joint Fluid Production.
- Protection of Residual Cartilage within the knee joint.

#### The treatment process:

- A series of three injections administered 1-2 weeks apart.
- Conducted under sterile CT guidance by our experienced doctors.
- The procedure typically takes 10-15 minutes (Patients can drive afterward).
- The maximum effect is observed 8 weeks after the initial injection.
- In general, one course of 3 injections has been shown to provide up to 6 months of pain relief. Treatment can be performed twice a year.

#### Side Effects and Risks:

- Transient joint swelling or stiffness.
- Bruising or mild-moderate temporary pain at the injection site.
- Infection is rare; however, if fever, joint pain, swelling, redness, and warmth occur within the week following an injection, contact your doctor and Interconnect Imaging promptly.

#### Contact Us:

Euflexxa treatment is available at both Heidelberg and Frankston clinics.

Interconnect Imaging Heidelberg

120 Burgundy St, Heidelberg VIC 3084 Ph: 03 9087 2120

#### Interconnect Imaging Frankston

194-196 Karingal Drive, Frankston VC 3199 Ph: 03 8905 4723

Or email: admin@interconnectimaging.com.au

Please note: It is advisable to address excess joint fluid before commencing Euflexxa® treatment. To enhance efficacy, removal of excess fluid 2-4 weeks before initiating Euflexxa® is recommended. Your doctor can include a referral for an ultrasound and joint effusion aspiration along with your Euflexxa® referral.

### www.interconnectimaging.com.au